

# What's on at The Wilshere Hall?

### 1ST STANSTEAD ABBOTTS BROWNIES

Every Monday (term time) 5.45 – 7.00pm



A fun-packed group for girls aged 7 to 10!

For more information about local Girlguiding, visit www.girlguidinghertfordshire.org.uk

**Contact**: Helen Payne (01920 462676)





The 3 Churches Benefice

#### LIFE GROUP

 $1^{st}$ ,  $3^{rd}$ ,  $5^{th}$  Thursdays of the month 10.30 - 11.30am

A chance to get together and study the Bible. Everyone is welcome!

For more information, visit www.3churches.net

Contact: admin@3churches.net

### LOTUS PILATES HERTFORDSHIRE



Every Monday (term time) 7.30 – 8.30pm

Classical Pilates taught in a relaxed fashion. For more information, visit www.lotuspilateshertfordshire.co.uk.

**Contact**: Nicola Hughes (lotuspilateshertfordshire@gmail.com)

## ST ANDREW'S CHURCH CARD MAKING GROUP

1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month 1 – 4pm



A friendly card making group. £4 per session to include two cards made and refreshments.

**Contact**: Janet Dance (07941096834)

## FOW PILATES RACHAEL REEVES

### FLOW PILATES

Every Friday (term time) 9.30 – 10.30am



A beginner level Pilates class. Booking essential. For more information, visit www.flow-pilates.co.uk.

**Contact**: Rachael Reeves (info@flow-pilates.co.uk)

### transforming lives for good

### MAKE LUNCH CLUB

Mondays and Fridays (school holidays) 12 – 2pm

A great chance for families to get together, share a meal and have some fun during the school holidays.

To find out more or book a place, email makelunch@3churches.net

### MEN'S BREAKFAST

Last Saturday of the month, 9am – 1pm



The perfect combination of conversation, enthusiastic debate and a full English breakfast!

Contact: admin@3churches.net